

Important Information About Your Surgery

Pinnacle Surgery Center Mission Statement

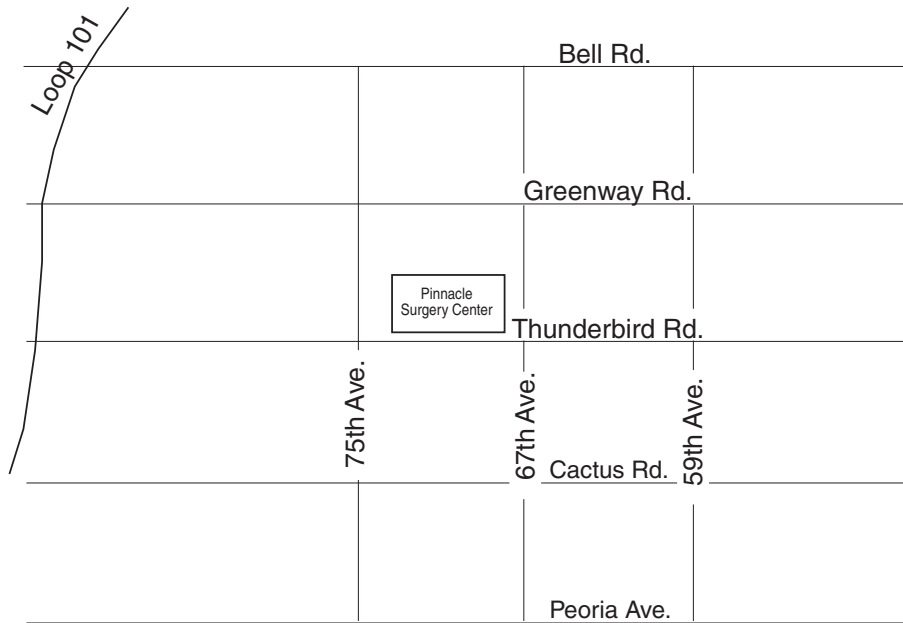
Our Mission is to provide the highest quality ambulatory surgery environment to optimize patient outcomes.

Patients' safety and comfort will be our top priority to ensure a successful and pleasant experience.

Our goal is to create a Center of excellence that enables surgeons, nurses and ancillary staff to work as a team to provide the best care for our patients.



6790 W. Thunderbird Rd.
Peoria, AZ 85381



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(623) 979-1717

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Patient Information

The date of your appointment is:

Please arrive at the Center promptly at:

_____ AM PM

Surgeon's Name:

Patient's Name:

Pinnacle Surgery Center does not discriminate against any person on the basis of race, color, religion, sex, national origin, disability or age in admission, treatment or participation in services. For further information contact the Administrator.

Financial Arrangements:

Without insurance, the facility fee will be required, plus the full amount of the anesthesiologist's fee. If you have insurance, we ask that you pay any deductible amount still owing plus the percentage not covered by your insurance policy. All accounts are due in full within 60 days of the date of service. Acceptable forms of payment include VISA, Mastercard, Discover, American Express, cash, cashiers checks, money orders, or personal checks with identification. It is **VERY IMPORTANT** that you bring your insurance card with you so that a copy can be made. If you can't meet the payment requirements, or if you have a question regarding these arrangements, please contact our business office at (623) 979-1717.

The staff wants to make your upcoming visit as comfortable and pleasant as possible. You will be provided the highest quality of care in a warm, personalized setting.

Please read the following information carefully. You will find it helpful in making your surgery a successful experience.

Before You Come

- Please call the center the day before surgery for instructions. We are closed evenings, weekends and holidays.

Fasting guidelines for all anesthetics:

Age 6 months and older:

- Food, including milk, formula or breast milk, may be taken up to 6 hours before surgery.
- Clear liquids (water, soda, cranberry and apple juices, sport drinks, gelatin, soup broths) may be taken up to 6 hours before surgery.

Younger than 6 months of age:

- Food, including formula or breast milk, may be taken up to 4 hours before surgery.
- Clear liquids (water, strained juice) may be taken up to 2 hours before surgery.

Food in the stomach can cause serious complications and your surgery could be cancelled or postponed. If your child is the patient, please be careful to enforce this.

- For all infants including those breast fed, please bring a bottle.
- Notify your surgeon if you are taking any blood thinning medications such as Coumadin, aspirin or ibuprofen (Motrin, Advil), or Naproxen.

Other medications that must be stopped:

Vitamin E, Garlic, St. John's Wart, Ginkgo, Balabo, Ginseng, Ephedra & Echinacea.

- For patients taking medication such as for high blood pressure or diabetes, call the center for more information about diet and medications.
- Weight loss medications (over the counter or prescribed) must be discontinued for 2 weeks prior to surgery.
- Call your surgeon if you develop a cold, fever or other infection before your surgery.
- For women, if there is any possibility of being pregnant, please notify your surgeon and nurse.
- Remove contact lenses and all make-up.
- Leave valuables at home, including your wallet and jewelry. We are not responsible for any valuables brought to the center.
- Bathe or shower the morning of surgery to minimize the chance of infection.
- **YOU MUST ARRANGE FOR SOME ONE TO DRIVE YOU HOME.** That person is welcome to stay at the center. If not, we can contact your ride when you are ready to be picked up. Your ride must be within 10 minutes of the center. You will not be allowed to drive after a general anesthetic or a local anesthetic with sedation.

Day of Surgery

- Arrive promptly at time scheduled. This will allow adequate time for all necessary admission procedures.
- Wear loose, casual clothing and low-heeled shoes. Tight fitting pants are particularly uncomfortable after certain surgeries.
- Bring your completed insurance forms or insurance card.
- Limit the number of people who accompany you. To maximize the comfort of all visitors, we suggest that adult patients be accompanied by only one person. However, we do welcome both parents of a pediatric patient.

- Natural parent must accompany child or guardian must bring proof of legal guardianship. A parent or guardian must remain in the center the entire time a child is here.
- If your child is having surgery, feel free to bring a favorite stuffed animal or security blanket for added reassurance.
- Do not smoke immediately before or after receiving an anesthetic. Smoking may interfere with the anesthetic and frequently produces nausea during the recovery period.
- If the surgical procedure permits, underwear and socks may be worn into the operating room.

Recovery Period

- After your surgery, you will be moved to the Post Anesthesia Care Unit and monitored until ready to go home. Although the time varies, most patients are discharged 1 to 2 hours after surgery.

At Home After Surgery

- **YOU MUST ARRANGE FOR A RESPONSIBLE ADULT TO CARE FOR YOU 24 HOURS AFTER SURGERY.** Patients receiving local anesthetics only are excepted.
- Your surgeon will provide postoperative instructions regarding diet, rest and medications. In the event of any difficulty, call your surgeon or his answering service.
- It is not unusual to feel a little sleepy or a little dizzy for several hours after your operation. Do not sign any important papers or make any significant decisions until this feeling has worn off. Avoid driving your car, smoking and alcoholic beverages until the day after surgery at the earliest.